CENTRE FOR CONTINUING EDUCATION
English as a Second Language Program

3737 Wascana Parkway
Room 114, Wakpa Tower
Regina, Saskatchewan, Canada S4S 0A2
Phone: 306.585.4585 Fax: 306.585.4971
Email: esl@uregina.ca
www.uregina.ca/esl

Designated Learning Institution Number:
O194256 60270

Winter 2027 Virtual Language and Culture Programs

Program Details:

Course Length: 3 weeks

Dates (in Sask time): February 6-25, 2027
February 27 - March 18, 2027
Dates (in Japan time): February 7-26, 2027
February 28 - March 19, 2027

Fee per program: $1000 CAD (+ $200 for optional virtual local contact)

Total Program Hours per program: approx**.** 69 – 73.5 hours

- Live Instruction: 22 hours
- Asynchronous Activities: Approx. 30 hours
- Live Conversation and Activity sessions: 13.75 hours
- Additional activities**:** 3.25 hours (pre-test, live pre-program orientation, live program welcome, and live closing ceremonies)
- Optional virtual local contact: 4.5 hours

Application deadline: February Program: December 21, 2026
March Program: January 25, 2027

Online Pre-program Orientation:
February Program: Saturday January 9, 2027, 7:00 PM (Sask Time)
March Program: Friday January 29, 2026, 7:00 PM (Sask Time)

Pretest Dates: February Program: Between January 11 and 20, 2027 (Sask Time)
March Program: Between February 1 and 10, 2027 (Sask Time)

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Course Description:

In this online intensive language and culture program, participants will virtually experience Canada, Saskatchewan, Regina and the University of Regina while practicing English communication.

Participants will engage in a variety of activities and sessions, including live classes with an instructor, interactive asynchronous assignments and activities, and live conversation or activity sessions with cultural assistants (University of Regina students)

Culturally related topics may include:

- First Nations/ Indigenous Peoples of Canada and Saskatchewan
- Multiculturalism
- Canada and Saskatchewan's geography
- Landmarks and attractions
- Symbols of Canada, Saskatchewan and Regina
- Canadian food and food specific to Saskatchewan

In addition to learning about local Canadian culture, participants will have opportunities to discuss their home cultures in order to facilitate cultural exchange.

While engaging with these themes, participants will practice real-world English communication. Skills and functions may include:

- Asking for and providing information about oneself
- Expressing an opinion
- Expressing agreement or disagreement
- Providing a description (event, experience etc)
- Building fluency in speaking and writing
- Improving listening comprehension

Live sessions on Zoom will be scheduled in the evening Saskatchewan time to accommodate for time differences. Participants will be able to flexibly complete asynchronous activities on their own time but will have deadlines for completion.

For an additional fee of $200 CAD, each participant can choose to be matched with a virtual local contact who they will meet for 90 minutes (in two or three separate sessions per week as arranged between the student and local contact).

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Prior to the start of classes, participants will take an online placement test to determine their level. Participants will also receive an online pre-program orientation.

Each participant will receive a digital copy of their certificate of course completion, with name, date and host institution, and a program grade report at the end of the program. On the final day of the program, a closing ceremony will be held for all program participants.

VIRTUAL OPTION

Language & Culture PROGRAM

Learn English and Experience Western Canada Online!

TOPICS YOU MAY LEARN

- Indigenous Peoples of Canada
- Canadian Multiculturalism
- Famous Places in Canada
- Symbols of Canada
- Regina and Saskatchewan

60% of the program will be live sessions including classes, conversation groups and virtual tours or presentations. About 40% of the program will be self-study activities on cultural or language topics.

Students can add a virtual local contact (VLC) if they choose. With the VLC, you will meet virtually with a local Regina resident for 90 minutes per week during the program.







WINTER 2027 DATES & FEES

February 6-25 OR
February 27-March 18
$1,000 CAD

(Dates in Saskatchewan time.)
(Plus $200 CAD for optional virtual local contact.)

uregina.ca/esl

University of Regina

Virtual Language and Culture Program Schedule

University of Regina | English as a Second Language Centre for Continuing Education

Week 1:					Live	Not Live	L. Contact
Time	**Sunday**	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
(Japan)							
8:00am		Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for
8:30am		Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact
9:00am	Program Welcome	English	Saskatchewan Farm	English	English	English	Indigenous Culture
9:30am	9:00 AM to 10:00 AM	Class	Presentation/	Class	Class	Class	Presentation/
10:00am	Asynchronous	9:00 AM to	English Conversation	9:00 AM to	9:00 AM to	9:00 AM to	English Conversation
10:30am	Activities	11:00 AM	and Games	11:00 AM	11:00 AM	11:00 AM	and Games
11:00am	Get to Know	Asynchronous	9:00 AM to	Asynchronous	Asynchronous	Asynchronous	9:00 AM to
11:30am	the U of R	Activities	11:45 AM	Activities	Activities	Activities	11:45 AM
12:00pm	Please finish by next class	Please finish by next class		Please finish by next class	Please finish by next class	Please finish by next class	
12:30pm	(Can be completed	(Can be completed		(Can be completed	(Can be completed	(Can be completed	
1:00pm	on own time	on own time		on own time	on own time	on own time	
1:30pm	after 10:00 AM)	after 11:00 AM)		after 11:00 AM)	after 11:00 AM)	after 11:00 AM)	
2:00pm	Approx 2 hours	Approx 2 hours		Approx 2 hours	Approx 2 hours	Approx 4 hours	
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm							

SAMPLE

Virtual Language and Culture Program Schedule

University of Regina | English as a Second Language | Centre for Continuing Education

Week 2:					Live	Not Live	L. Contact
Time	**Sunday**	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
(Japan)							
8:00am	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for
8:30am	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact
9:00am		English	Indigenous Dance	English	English	English	Multicultural
9:30am		Class	Presentation/	Class	Class	Class	Showcase/
10:00am		9:00 AM to	English Conversation	9:00 AM to	9:00 AM to	9:00 AM to	English Conversation
10:30am		11:00 AM	and Games	11:00 AM	11:00 AM	11:00 AM	and Games
11:00am		Asynchronous	9:00 AM to	Asynchronous	Asynchronous	Asynchronous	9:00 AM to
11:30am		Activities	11:45 AM	Activities	Activities	Activities	11:45 AM
12:00pm		Please finish by next class	Asynchronous	Please finish by next class	Please finish by next class	Please finish by next class	
12:30pm		(Can be completed	Activities # 2	(Can be completed	(Can be completed	(Can be completed	
1:00pm		on own time	Please finish by next class	on own time	on own time	on own time	
1:30pm		after 11:00 AM)	(Can be completed	after 11:00 AM)	after 11:00 AM)	after 11:00 AM)	
2:00pm		Approx 2 hours	on own time	Approx 2 hours	Approx 2 hours	Approx 4 hours	
2:30pm			after 11:45 AM)				
3:00pm			Approx 2 hours				
3:30pm							
4:00pm							
4:30pm							

SAMPLE

Virtual Language and Culture Program Schedule

University of Regina | English as a Second Language Centre for Continuing Education

Week 3:					Live	Not Live	L. Contact
Time	**Sunday**	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
(Japan)							
8:00am	**Suggested time for**	**Suggested time for**	**Suggested time for**	**Suggested time for**	**Suggested time for**		
8:30am	**Virtual Local Contact**	**Virtual Local Contact**	**Virtual Local Contact**	**Virtual Local Contact**	**Virtual Local Contact**		
9:00am		**English**	**Canada-themed**	**English**	**English**	**Program Closing**	
9:30am		**Class**	**Activities/**	**Class**	**Class**	**9:00 AM to 10:00 AM**	
10:00am		**9:00 AM to**	**English Conversation**	**9:00 AM to**	**9:00 AM to**		
10:30am		**11:00 AM**	**and Games**	**11:00 AM**	**11:00 AM**		
11:00am		**Asynchronous**	**9:00 AM to**	**Asynchronous**			
11:30am		**Activities**	**11:45 AM**	**Activities**			
12:00pm		**Please finish by next class**	**Asynchronous**	**Please finish by next class**			
12:30pm		**(Can be completed**	**Activities # 2**	**(Can be completed**			
1:00pm		**on own time**	**Please finish by next class**	**on own time**			
1:30pm		**after 11:00 AM)**	**(Can be completed**	**after 11:00 AM)**			
2:00pm		**Approx 2 hours**	**on own time**	**Approx 2 hours**			
2:30pm			**after 11:45 AM)**				
3:00pm			**Approx 2 hours**				
3:30pm							
4:00pm							
4:30pm							

SAMPLE