

Chiang Mai University Language Institute – Spring School
Sustainability Abroad Program | 15-28 March 2026



		Morning Session	Lunch	Afternoon Session	Evening Session
Sun	15 Mar	Arrive at Chiang Mai International Airport – Meet and Greeting at meeting point. Transfer to accommodation			
Mon	16 Mar	09.00-09.30 Orientation and welcome 09.30-11.00 Icebreaking with Chiang Mai University buddies 11.00-12.00 Scenic ‘Ang Kaew’ Reservoir Visit	12.00-13.30 Welcome Buffet Lunch at Chiang Mai Grandview Hotel	14.00-17.00 Chiang Mai City Scavenger Hunt – participants will buddy up with a local CMU student to complete various cultural challenges and task in the city.	18.00-20.00 Welcome Dinner with Cultural Performances (northern Thai cuisines with CMU buddies)
Tues	17 Mar	09.00-12.00 English for Global Communication – focusing on the development on active communication skills necessary for engaging with others during everyday scenarios. This course will focus on developing confidence using English language whilst also broadening the knowledge of sustainability topics and agendas (<i>Beginner, Pre-intermediate and upper intermediate classes</i>)	Self-Lunch at LICMU	13.00-14.00 Seminar: Introduction to Sustainable Communities – exploration of urban neighborhoods in Chiang Mai and how they compare with Kyoto. Strategies for maintain cultural identity while promoting sustainable living in Chiang Mai. 14.30-17.00 Field Visit: Guided exploration of Niemanhaemin Road – observing informal social spaces (cafes, side street markets) and their roles in building sustainable and connected communities.	No Programming
Wed	18 Mar			13.00-14.00 Seminar: Welcome to a resilient city – understand how neighborhood social networks contribute to resilience in urban cities. 14.30-17.00 Field Visit: Wat Ket Walking Tour (historical riverside area) the intersections of cultural heritage, tourism and sustainability	
Thurs	19 Mar			13.00-14.00 Seminar: Creative Districts & Heritage Preservation – understand the local creative industries and the connectivity between creativity and heritage preservation aligned with sustainable goals. 14.30-17.00 Field Visit: Chiang Moi & Lam Chang Creative District – looking at community driven preservation and adaptive reusage of old materials.	
Fri	20 Mar			13.00-15.00 Synthesis and Wrap Up (Week 1)	
Sat	21 Mar			09.00-15.00 Cultural Excursion: Jing Jai Market, Chedi Luang Temple and Doi Suthep Temple (<i>lunch included</i>) – students will visit a local weekend farmers market which showcases artisan and eco-friendly products. This market highlights community driven sustainability and support for the local economies.	
Sun	22 Mar	Self-Exploration - Free and easy			

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Mon	23 Mar	09.00-12.00 English for Global Communication – focusing on the development on active communication skills necessary for engaging with others during everyday scenarios. This course will focus on developing confidence using English language whilst also broadening the knowledge of sustainability topics and agendas. <i>(Beginner, Pre-intermediate and upper intermediate classes)</i>	Self-Lunch at LICMU	13.00-15.00 Lecture: Eco and community-based tourism (CBT) – participants will explore how this framework and model integrates environmental preservation, cultural identity and economic development.	No Programming
Tues	24 Mar			13.00-17.00 Field Visit: Mae Kampong Eco Village Visit – students will learn about CBT and how its managed at a local level. Students will visit coffee and tea plantations and learn more community leaders how the community helps preserve the eco-system to reduce carbon footprint impact in this village and ensure fair and equitable growth for all in the community.	
Wed	25 Mar			13.00-15.00 Lecture: Introduction to responsible tourism and working with elephants – focusing on UNWTO ethical framework, this session will learn the key guidelines and reflect on ethical challenges and explore best practices for ensuring that tourism activities contribute positively to elephant conservation and local communities.	
Thurs	26 Mar			14.00-16.00 Field Visit: Mae Sa Elephant Camp – meet the camp Director and learn about the shift from elephant shows to ethical elephant activities to promote responsible tourism in Chiang Mai.	17.30 Certificate Presentation ceremony 18.00 Farewell Dinner
Fri	27 Mar	08.30-14.00 Field Excursion: Elephant Nature Park Visit – students will spend the day taking care of their own elephant for the day including feeding and bathing before taking a jungle/river walk.			No Programming
Sat	28 Mar	Checkout of accommodation Transfer to Chiang Mai International Airport End of Program			