

Spring School Program with Chiang Mai University Language Institute | Global English & Culture Experience (GECE) | 8-21 February 2026

| | | Morning Session | Lunch | Afternoon Session | Evening Session |
|-------|--------|---|---|---|--|
| Sun | 8 Feb | Arrive at Chiang Mai International Airport Meet and greet at Chiang Mai International Airport (international terminal) Transfer to accommodation | | | |
| Mon | 9 Feb | 09.00-09.30 Welcome and Orientation plus Introduction to Chiang Mai University and LICMU 09.30-11.00 Ice-breaking activities with Chiang Mai University buddies 11.15-12.00 Ang Kaew Reservoir Stroll with CMU buddies | 12.00-13.00 Welcome Buffet Lunch at Chiang Mai Grandview Hotel | 13.30-16.00 Chiang Mai City Orientation Tour – students will visit the old city and downtown Chiang Mai and learn more about Buddhism with visits to Phra Singh and Chedi Luang temple. | 18.30-20.00 Kantoke Dinner and Cultural Performances – official welcome northern Thai dinner with dancing performances with CMU Thai buddies |
| Tues | 10 Feb | 09.00-12.00 English for Global Communication – themed based learning in everyday context. Students will learn English skills with a native instructor within an easy-to-understand framework. This core English class focuses on four major skills (reading, writing, speaking, and listening). Students will have plenty of opportunities to practice conversation skills. | Self-Lunch | 13.00-15.30 Oral Presentation and Public Speaking – participants will explore the fundamental principles and practical techniques essential for delivering impactful presentations and speeches. This will include crafting content, mastering delivery techniques, leveraging technology, and overcoming stage fright. | |
| Wed | 11 Feb | | | 13.00-16.00 Understanding Living Heritage – students will learn about preservation of living and cultural heritage in northern Thailand – this session participants will learn about northern Thai pottery through a visit to Baan Muang Goong Pottery Village. | |
| Thurs | 12 Feb | | | 13.00-15.30 Oral Presentation and Public Speaking – participants will explore the fundamental principles and practical techniques essential for delivering impactful presentations and speeches. This will include crafting content, mastering delivery techniques, leveraging technology and overcoming stage fright. | |
| Fri | 13 Feb | | | 13.00–16.00 Thai Way of Life – Students will discover the unique traditions of Northern Thai (Lanna) culture through a hands-on workshop in Saa paper making. They will engage with local artisans, learn traditional techniques, and create their own crafts to take home as meaningful souvenirs. | |
| Sat | 14 Feb | 09.30-15.00 Jing Jai Farmers Market, Chedi Luang and Doi Suthep Temples– the local farmers market showcases many local produces plus a variety of different street food from the region. After, students will venture to the highest temple in Chiang Mai about 1600m above sea level and complete the 300 steps climb to the summit. | | | |
| Sun | 15 Feb | No Programming – Self Exploration | | | |
| Mon | 16 Feb | | | 13.00-16.00 Introduction to Thai Cooking – this culinary adventure will showcase various local foods and ingredients. Students will learn to prepare authentic dishes under the guidance of experienced chefs. | |

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| Tues | 17 Feb | | | 13.00-15.30 Oral Presentation and Public Speaking – participants will explore the fundamental principles and practical techniques essential for delivering impactful presentations and speeches. This will include crafting content, mastering delivery techniques, leveraging technology, and overcoming stage fright. | |
| Wed | 18 Feb | | | 14.00-17.00 Introduction to Muay Thai Kickboxing – led by seasoned instructors with a passion for the sport, the immersive experience will introduce participants to the ancient combat sport known as the ‘Art of Eight Limbs’ | |
| Thurs | 19 Feb | | | 13.00-15.30 Oral Presentation and Public Speaking – participants will explore the fundamental principles and practical techniques essential for delivering impactful presentations and speeches. This will include crafting content, mastering delivery techniques, leveraging technology, and overcoming stage fright. | |
| Fri | 20 Feb | 08.00-14.00 Elephant Nature Park Visit | | Free and easy | |
| Sat | 21 Feb | Checkout of accommodation Transfer to airport. End of program | | | |