

# 2025 Virtual Language and Culture Program Schedule



University  
of Regina

English as a  
Second Language  
Centre for Continuing Education

Week 1:					Live	Not Live	L. Contact
Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Japan)							
8:00am		Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for
8:30am		Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact
9:00am	Program Welcome	English	Saskatchewan Farm	English	English	English	Indigenous Culture
9:30am	9:00 AM to 10:00 AM	Class	Presentation/	Class	Class	Class	Presentation/
10:00am	Asynchronous	9:00 AM to	English Conversation	9:00 AM to	9:00 AM to	9:00 AM to	English Conversation
10:30am	Activities	11:00 AM	and Games	11:00 AM	11:00 AM	11:00 AM	and Games
11:00am	Get to Know	Asynchronous	9:00 AM to	Asynchronous	Asynchronous	Asynchronous	9:00 AM to
11:30am	the U of R	Activities	11:45 AM	Activities	Activities	Activities	11:45 AM
12:00pm	Please finish by next class	Please finish by next class		Please finish by next class	Please finish by next class	Please finish by next class	
12:30pm	(Can be completed	(Can be completed		(Can be completed	(Can be completed	(Can be completed	
1:00pm	on own time	on own time		on own time	on own time	on own time	
1:30pm	after 10:00 AM)	after 11:00 AM)		after 11:00 AM)	after 11:00 AM)	after 11:00 AM)	
2:00pm	Approx 2 hours	Approx 2 hours		Approx 2 hours	Approx 2 hours	Approx 4 hours	
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm							

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Week 2:					Live	Not Live	L. Contact
Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Japan)							
8:00am	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for
8:30am	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact
9:00am		English	Indigenous Dance	English	English	English	Multicultural
9:30am		Class	Presentation/	Class	Class	Class	Showcase/
10:00am		9:00 AM to	English Conversation	9:00 AM to	9:00 AM to	9:00 AM to	English Conversation
10:30am		11:00 AM	and Games	11:00 AM	11:00 AM	11:00 AM	and Games
11:00am		Asynchronous	9:00 AM to	Asynchronous	Asynchronous	Asynchronous	9:00 AM to
11:30am		Activities	11:45 AM	Activities	Activities	Activities	11:45 AM
12:00pm		Please finish by next class	Asynchronous	Please finish by next class	Please finish by next class	Please finish by next class	
12:30pm		(Can be completed	Activities # 2	(Can be completed	(Can be completed	(Can be completed	
1:00pm		on own time	Please finish by next class	on own time	on own time	on own time	
1:30pm		after 11:00 AM)	(Can be completed	after 11:00 AM)	after 11:00 AM)	after 11:00 AM)	
2:00pm		Approx 2 hours	on own time	Approx 2 hours	Approx 2 hours	Approx 2 hours	
2:30pm			after 11:45 AM)				
3:00pm			Approx 2 hours				
3:30pm							
4:00pm							
4:30pm							

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Week 3:					Live	Not Live	L. Contact
Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Japan)							
8:00am	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for		
8:30am	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact		
9:00am		English	Canada-themed	English	English	Program Closing	
9:30am		Class	Activities/	Class	Class	9:00 AM to 10:00 AM	
10:00am		9:00 AM to	English Conversation	9:00 AM to	9:00 AM to		
10:30am		11:00 AM	and Games	11:00 AM	11:00 AM		
11:00am		Asynchronous	9:00 AM to	English	Asynchronous		
11:30am		Activities	11:45 AM	Post-test	Activities		
12:00pm		Please finish by next class	Asynchronous	(Can be completed	Please finish by next class		
12:30pm		(Can be completed	Activities # 2	on own time	(Can be completed		
1:00pm		on own time	Please finish by next class	after 11:00 AM)	on own time		
1:30pm		after 11:00 AM)	(Can be completed	Approx. 45 mins	after 11:00 AM)		
2:00pm		Approx 2 hours	on own time	Please finish by 5:00 PM	Approx 2 hours		
2:30pm			after 11:45 AM)				
3:00pm			Approx 2 hours				
3:30pm							
4:00pm							
4:30pm							